



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Rosenbusch, Daniel

Club: RC Abschnitt Mitte

Number: 1140

Course: 9.75 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 51:15

Speed: 10.54 km/h

Running performance: 5:16 min/km

Rank in course/Total: 55 (of 163)

Rank in course/Men: 49 (of 115)

Best time in course: 34:41

Rank in category: 6(of 15)

Best time in the category: 42:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:55	4:53	5	2:16	37	4:43	3.25	15:55	4:53	6	2:16	33	4:43
Lap 2	3.25	17:31	5:23	7	3:01	54	5:48	6.50	33:26	5:08	6	5:15	48	10:26
Last lap Finish	3.25	17:49	5:28	7	3:29	51	6:25	9.75	51:15	5:15	6	8:44	49	16:34