



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Tänzer, Mirko

Club: Meuchelmörder

Number: 1172

Course: 9.75 km

10 km Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 51:32

Speed: 10.48 km/h

Running performance: 5:17 min/km

Rank in course/Total: 57 (of 163)

Rank in course/Men: 51 (of 115)

Best time in course: 34:41

Rank in category: 4(of 9)

Best time in the category: 40:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:35	4:47	3	2:25	31	4:23	3.25	15:35	4:47	4	2:25	50	4:23
Lap 2	3.25	17:48	5:28	5	4:05	62	6:05	6.50	33:23	5:08	4	6:30	50	10:23
Last lap Finish	3.25	18:09	5:35	6	4:30	61	6:45	9.75	51:32	5:17	4	11:00	51	16:51