



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Mery, Marcus

Club: Offenbach

Number: 1109

Course: 9.75 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 51:40

Speed: 10.45 km/h

Running performance: 5:18 min/km

Rank in course/Total: 58 (of 163)

Rank in course/Men: 52 (of 115)

Best time in course: 34:41

Rank in category: 10(of 27)

Best time in the category: 40:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:27	5:03	9	3:30	49	5:15	3.25	16:27	5:03	20	1:34	30	5:15
Lap 2	3.25	17:23	5:20	10	3:30	51	5:40	6.50	33:50	5:12	20	3:40	42	10:50
Last lap Finish	3.25	17:50	5:29	12	3:56	53	6:26	9.75	51:40	5:17	10	10:56	52	16:59