



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Krimmel, Andrea

Club: team-naunheim.de

Number: 1089

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 52:44

Speed: 10.24 km/h

Running performance: 5:25 min/km

Rank in course/Total: 71 (of 163)

Rank in course/Women: 13 (of 48)

Best time in course: 40:28

Rank in category: 2(of 12)

Best time in the category: 52:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	3.25	17:00	5:13	2	0:14	12	3:52	3.25	17:00	5:13	2	0:14	36		
Lap 2	3.25	17:46	5:28	2	0:08	13	4:13	6.50	34:46	5:20	2	0:22	36		
Last lap Finish	3.25	17:58	5:31	2	0:24	13	4:11	9.75	52:44	5:24	2	0:16	13	12:16	