



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Ogriseck, Sirko

Club: Rödermark

Number: 1122

Course: 9.75 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 52:52

Speed: 10.21 km/h

Running performance: 5:25 min/km

Rank in course/Total: 72 (of 163)

Rank in course/Men: 59 (of 115)

Best time in course: 34:41

Rank in category: 9(of 15)

Best time in the category: 42:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:47	5:09	7	3:08	60	5:35	3.25	16:47	5:09	9	3:08	58	5:35
Lap 2	3.25	17:47	5:28	9	3:17	61	6:04	6.50	34:34	5:19	9	6:23	58	11:34
Last lap Finish	3.25	18:18	5:37	9	3:58	62	6:54	9.75	52:52	5:25	9	10:21	59	18:11