



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Gerlach, Mario

Club: Bad Hersfeld

Number: 1047

Course: 9.75 km

10 km Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 52:59

Speed: 10.19 km/h

Running performance: 5:26 min/km

Rank in course/Total: 76 (of 163)

Rank in course/Men: 62 (of 115)

Best time in course: 34:41

Rank in category: 5(of 9)

Best time in the category: 40:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:30	5:04	4	3:20	52	5:18	3.25	16:30	5:04	5	3:20	61	5:18
Lap 2	3.25	17:52	5:29	6	4:09	63	6:09	6.50	34:22	5:17	5	7:29	61	11:22
Last lap Finish	3.25	18:37	5:43	7	4:58	65	7:13	9.75	52:59	5:26	5	12:27	62	18:18