



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Walther, Lydia

Club: RLV / LG Süd

Number: 1179

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 40:28

Speed: 14.46 km/h

Running performance: 4:09 min/km

Rank in course/Total: 5 (of 163)

Rank in course/Women: 1 (of 48)

Best time in course: 40:28

Rank in category: 1(of 8)

Best time in the category: 40:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	3.25	13:08	4:02	1	-	1	-	3.25	13:08	4:02	1	-	35		
Lap 2	3.25	13:33	4:10	1	-	1	-	6.50	26:41	4:06	1	-	35		
Last lap Finish	3.25	13:47	4:14	1	-	1	-	9.75	40:28	4:09	1	-	1		-