



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Weiß, Susanne

Club: SV Birkenhard

Number: 1186

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 53:29

Speed: 10.10 km/h

Running performance: 5:29 min/km

Rank in course/Total: 81 (of 163)

Rank in course/Women: 14 (of 48)

Best time in course: 40:28

Rank in category: 3(of 12)

Best time in the category: 52:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	3.25	17:52	5:29	3	1:06	15	4:44	3.25	17:52	5:29	3	1:06	37		
Lap 2	3.25	18:03	5:33	3	0:25	15	4:30	6.50	35:55	5:31	3	1:31	37		
Last lap Finish	3.25	17:34	5:24	1	-	10	3:47	9.75	53:29	5:29	3	1:01	14	13:01	