



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Kreuzer, Bernhard

Club: Selbolder Raal

Number: 1088

Course: 9.75 km

10 km Lauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 53:25

Speed: 10.11 km/h

Running performance: 5:29 min/km

Rank in course/Total: 80 (of 163)

Rank in course/Men: 67 (of 115)

Best time in course: 34:41

Rank in category: 4(of 7)

Best time in the category: 41:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:42	5:08	4	2:52	56	5:30	3.25	16:42	5:08	4	2:52	66	5:30
Lap 2	3.25	17:55	5:30	4	4:00	67	6:12	6.50	34:37	5:19	4	6:52	66	11:37
Last lap Finish	3.25	18:48	5:47	3	5:15	68	7:24	9.75	53:25	5:28	4	12:07	67	18:44