



# 8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

## Detailed evaluation

**Münch, Dirk**

Club: Starlight Bowling

Number: 1118

Course: 9.75 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 54:48

Speed: 10.68 km/h

Running performance: 5:37 min/km

Rank in course/Total: 89 (of 163)

Rank in course/Men: 73 (of 115)

Best time in course: 34:41

Rank in category: 14(of 27)

Best time in the category: 40:44

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:16	5:55	20	6:19	93	8:04	3.25	19:16	5:55	16	4:23	72	8:04
Lap 2	3.25	18:13	5:36	14	4:20	70	6:30	6.50	37:29	5:46	16	7:19	72	14:29
Last lap Finish	3.25	17:19	5:19	8	3:25	44	5:55	9.75	54:48	5:37	14	14:04	73	20:07