



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Güntzel, Wieland

Club: SC Mauerloch Themar

Number: 1056

Course: 9.75 km

10 km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 55:50

Speed: 10.48 km/h

Running performance: 5:44 min/km

Rank in course/Total: 92 (of 163)

Rank in course/Men: 76 (of 115)

Best time in course: 34:41

Rank in category: 6(of 8)

Best time in the category: 48:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:07	5:34	6	3:04	82	6:55	3.25	18:07	5:34	6	3:04	75	6:55
Lap 2	3.25	18:52	5:48	6	2:21	78	7:09	6.50	36:59	5:41	6	5:25	75	13:59
Last lap Finish	3.25	18:51	5:48	6	2:27	69	7:27	9.75	55:50	5:43	6	7:32	76	21:09