



4. Winterlaufserie 2014, Lauf 2
Creuzburg / 23.02.2014

Detailed evaluation

Dunkel, Frank

Club: SV Normania Treffurt
Number: 919

Course: 11.30 km
Langdistanz

Category:
Senioren M50 (50-54 Jahre)

Total time: 56:08

Speed: 11.76 km/h
Running performance: 4:58 min/km

Rank in course/Total: 55 (of 75)

Rank in course/Men: 49 (of 62)

Best time in course: 37:29

Rank in category: 9(of 13)

Best time in the category: 43:55