



4. Winterlaufserie 2014, Lauf 2
Creuzburg / 23.02.2014

Detailed evaluation

Freitag, Annett

Club: Eisenacher LV
Number: 81

Course: 11.30 km
Langdistanz

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 56:28

Speed: 11.69 km/h
Running performance: 5:00 min/km

Rank in course/Total: 58 (of 75)
Rank in course/Women: 8 (of 13)
Best time in course: 46:57

Rank in category: 3(of 6)
Best time in the category: 55:53