



4. Winterlaufserie 2014, Lauf 2
Creuzburg / 23.02.2014

Detailed evaluation

Rikirsch, Roland

Club: SV Blau Weiß 90 Creuzburg
Number: 62

Course: 11.30 km
Langdistanz

Category:
Senioren M70 (70-74 Jahre)

Total time: 59:34

Speed: 11.38 km/h
Running performance: 5:16 min/km

Rank in course/Total: 66 (of 75)

Rank in course/Men: 55 (of 62)

Best time in course: 37:29

Rank in category: 1(of 3)

Best time in the category: 59:34