



4. Winterlaufserie 2014, Lauf 2
Creuzburg / 23.02.2014

Detailed evaluation

Ziezold, Nadine

Club: Sonntagsläufer Tambach-Dietharz
Number: 924

Course: 11.30 km
Langdistanz

Category:
Frauen (20-29 Jahre)

Total time: 1:01:12

Speed: 10.78 km/h
Running performance: 5:25 min/km

Rank in course/Total: 70 (of 75)
Rank in course/Women: 13 (of 13)
Best time in course: 46:57

Rank in category: 2(of 2)
Best time in the category: 54:48