



4. Winterlaufserie 2014, Lauf 2
Creuzburg / 23.02.2014

Detailed evaluation

Görlach, Folker

Club: Hainichläufer

Number: 23

Course: 11.30 km

Langdistanz

Category:

Senioren M70 (70-74 Jahre)

Total time: 1:01:29

Speed: 11.03 km/h

Running performance: 5:26 min/km

Rank in course/Total: 71 (of 75)

Rank in course/Men: 58 (of 62)

Best time in course: 37:29

Rank in category: 2(of 3)

Best time in the category: 59:34