



4. Winterlaufserie 2014, Lauf 2  
Creuzburg / 23.02.2014

Detailed evaluation

Heller, Detlev

Club: Bad Liebenstein

Number: 44

Course: 5.50 km

Kurzdistanz

Category:

Senioren M50 (50-54 Jahre)

Total time: 27:04

Speed: 12.19 km/h

Running performance: 4:55 min/km

Rank in course/Total: 18 (of 48)

Rank in course/Men: 14 (of 32)

Best time in course: 19:29

Rank in category: 3(of 5)

Best time in the category: 23:39