



4. Winterlaufserie 2014, Lauf 2
Creuzburg / 23.02.2014

Detailed evaluation

Malzahn, Kai

Club: RTV Haselgrund
Number: 926

Course: 11.30 km
Langdistanz

Category:
Senioren M35 (35-39 Jahre)

Total time: 41:52

Speed: 16.19 km/h
Running performance: 3:43 min/km

Rank in course/Total: 4 (of 75)

Rank in course/Men: 4 (of 62)

Best time in course: 37:29

Rank in category: 2(of 12)

Best time in the category: 40:50