



4. Winterlaufserie 2014, Lauf 2
Creuzburg / 23.02.2014

Detailed evaluation

Siemon, Thomas

Club: SV Blau Weiß 90 Creuzburg
Number: 54

Course: 11.30 km
Langdistanz

Category:
Senioren M50 (50-54 Jahre)

Total time: 44:54

Speed: 15.10 km/h
Running performance: 3:58 min/km

Rank in course/Total: 13 (of 75)

Rank in course/Men: 13 (of 62)

Best time in course: 37:29

Rank in category: 2(of 13)

Best time in the category: 43:55