



4. Winterlaufserie 2014, Lauf 2  
Creuzburg / 23.02.2014

Detailed evaluation

**Mierke, Stephan**

Club: WSV Beverungen

Number: 67

Course: 11.30 km

Langdistanz

Category:

Senioren M40 (40-44 Jahre)

Total time: 46:37

Speed: 14.54 km/h

Running performance: 4:08 min/km

Rank in course/Total: 19 (of 75)

Rank in course/Men: 19 (of 62)

Best time in course: 37:29

Rank in category: 5(of 12)

Best time in the category: 43:17