



4. Winterlaufserie 2014, Lauf 2  
Creuzburg / 23.02.2014

Detailed evaluation

**Bärwolf, Silvia**

Club: Laufftreff Breitung  
Number: 6

Course: 11.30 km  
Langdistanz

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 52:01

Speed: 12.69 km/h  
Running performance: 4:36 min/km

Rank in course/Total: 38 (of 75)  
Rank in course/Women: 2 (of 13)  
Best time in course: 46:57

Rank in category: 1(of 2)  
Best time in the category: 52:01