



4. Winterlaufserie 2014, Lauf 2
Creuzburg / 23.02.2014

Detailed evaluation

Bärwolf, Silvia

Club: Laufftreff Breitung
Number: 6

Course: 11.30 km
Langdistanz

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 52:01

Speed: 13.03 km/h
Running performance: 4:36 min/km

Rank in course/Total: 38 (of 75)
Rank in course/Women: 2 (of 13)
Best time in course: 46:57

Rank in category: 1(of 2)
Best time in the category: 52:01