



4. Winterlaufserie 2014, Lauf 2  
Creuzburg / 23.02.2014

Detailed evaluation

**Schwanitz, Holger**

Club: WSV Trusetal  
Number: 21

Course: 11.30 km  
Langdistanz

Category:  
Senioren M50 (50-54 Jahre)

Total time: 52:11

Speed: 12.65 km/h  
Running performance: 4:37 min/km

Rank in course/Total: 41 (of 75)

Rank in course/Men: 39 (of 62)

Best time in course: 37:29

Rank in category: 7(of 13)

Best time in the category: 43:55