



4. Winterlaufserie 2014, Lauf 2
Creuzburg / 23.02.2014

Detailed evaluation

Schwanitz, Holger

Club: WSV Trusetal
Number: 21

Course: 11.30 km
Langdistanz

Category:
Senioren M50 (50-54 Jahre)

Total time: 52:11

Speed: 12.99 km/h
Running performance: 4:37 min/km

Rank in course/Total: 41 (of 75)

Rank in course/Men: 39 (of 62)

Best time in course: 37:29

Rank in category: 7(of 13)

Best time in the category: 43:55