



4. Winterlaufserie 2014, Lauf 2
Creuzburg / 23.02.2014

Detailed evaluation

Henning, Jürgen

Club: Spvgg Faulungen

Number: 63

Course: 11.30 km

Langdistanz

Category:

Senioren M50 (50-54 Jahre)

Total time: 53:15

Speed: 12.39 km/h

Running performance: 4:43 min/km

Rank in course/Total: 46 (of 75)

Rank in course/Men: 43 (of 62)

Best time in course: 37:29

Rank in category: 8(of 13)

Best time in the category: 43:55