



4. Winterlaufserie 2014, Lauf 2
Creuzburg / 23.02.2014

Detailed evaluation

Gasa, Carola

Club: SV Mihla

Number: 83

Course: 11.30 km

Langdistanz

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 53:26

Speed: 12.35 km/h

Running performance: 4:44 min/km

Rank in course/Total: 48 (of 75)

Rank in course/Women: 4 (of 13)

Best time in course: 46:57

Rank in category: 2(of 2)

Best time in the category: 52:01