



9. Walk in Herne 2014  
Herne-Sodingen / 23.03.2014

Detailed evaluation

**Belzer, Sonja**

Club: Soulwalker

Number: 5564

Course: 5.50 km

Akademie Nordic Walk

Total time: 46:32

Speed: 6.45 km/h

metres in height up: 99

Course score: 6.49

performance score: 50 Points