



9. Walk in Herne 2014  
Herne-Sodingen / 23.03.2014

Detailed evaluation

Reddemann, Dirk

Club: Post SV Unna  
Number: 5523

Course: 5.50 km  
Akademie Nordic Walk

Total time: 47:04

Speed: 6.37 km/h

metres in height up: 99  
Course score: 6.49

performance score: 49 Points