



9. Walk in Herne 2014
Herne-Sodingen / 23.03.2014

Detailed evaluation

Laukamp, Angelika

Club: BSG Prosper-Hospital Recklinghausen
Number: 5545

Course: 5.50 km

Akademie Nordic Walk

Total time: 48:02

Speed: 6.25 km/h

metres in height up: 99

Course score: 6.49

performance score: 48 Points