



9. Walk in Herne 2014
Herne-Sodingen / 23.03.2014

Detailed evaluation

Diesing, Mechthild

Club: TV Börnig-Sodingen

Number: 5566

Course: 5.50 km

Akademie Nordic Walk

Total time: 50:37

Speed: 5.93 km/h

metres in height up: 99

Course score: 6.49

performance score: 46 Points