



9. Walk in Herne 2014  
Herne-Sodingen / 23.03.2014

Detailed evaluation

Schmitz, Hannelore

Club: Alma Walking

Number: 5563

Course: 5.50 km

Akademie Nordic Walk

Total time: 52:43

Speed: 5.69 km/h

metres in height up: 99

Course score: 6.49

performance score: 44 Points