



9. Walk in Herne 2014  
Herne-Sodingen / 23.03.2014

Detailed evaluation

Sander, Ingeborg

Club: Skigemeinschaft Ennepetal  
Number: 13601

Course: 13.50 km

Gysenberg Nordic Walk

Total time: 1:38:09

Speed: 8.25 km/h

metres in height up: 180

Course score: 15.70

performance score: 134 Points