



9. Walk in Herne 2014
Herne-Sodingen / 23.03.2014

Detailed evaluation

Erdelt, Hildegard

Club: Fissenknicker Lauftreff
Number: 13636

Course: 13.50 km

Gysenberg Nordic Walk

Total time: 1:38:46

Speed: 8.20 km/h

metres in height up: 180

Course score: 15.70

performance score: 133 Points