



9. Walk in Herne 2014
Herne-Sodingen / 23.03.2014

Detailed evaluation

Themanns, Dirk

Club: fit-auf-dauer / Dextro-Energy
Number: 13075

Course: 13.50 km
Gysenberg Walk

Total time: 1:48:53

Speed: 7.16 km/h

metres in height up: 180
Course score: 15.70

performance score: 121 Points