



9. Walk in Herne 2014
Herne-Sodingen / 23.03.2014

Detailed evaluation

Kose, Rüdiger

Club: Skiclub Schwerte
Number: 13533

Course: 13.50 km
Gysenberg Nordic Walk

Total time: 1:44:03

Speed: 7.50 km/h

metres in height up: 180
Course score: 15.70

performance score: 126 Points