



9. Walk in Herne 2014
Herne-Sodingen / 23.03.2014

Detailed evaluation

Gamon, Birgit

Club: Team NRW

Number: 13582

Course: 13.50 km

Gysenberg Nordic Walk

Total time: 1:46:45

Speed: 7.31 km/h

metres in height up: 180

Course score: 15.70

performance score: 123 Points