



9. Walk in Herne 2014  
Herne-Sodingen / 23.03.2014

Detailed evaluation

Kantimm, Karina

Club: wt-Soest  
Number: 13612

Course: 13.50 km  
Gysenberg Nordic Walk

Total time: 1:53:36

Speed: 6.87 km/h

metres in height up: 180  
Course score: 15.70

performance score: 116 Points