



9. Walk in Herne 2014  
Herne-Sodingen / 23.03.2014

Detailed evaluation

Lehmkuhl, Theo

Club: Post SV Buer  
Number: 13594

Course: 13.50 km  
Gysenberg Nordic Walk

Total time: 1:54:38

Speed: 6.80 km/h

metres in height up: 180  
Course score: 15.70

performance score: 115 Points