



9. Walk in Herne 2014
Herne-Sodingen / 23.03.2014

Detailed evaluation

Zwehlke, Hans-Hermann

Club: Fit mit Fun
Number: 13631

Course: 13.50 km
Gysenberg Nordic Walk

Total time: 1:56:16

Speed: 6.71 km/h

metres in height up: 180
Course score: 15.70

performance score: 113 Points