



9. Walk in Herne 2014
Herne-Sodingen / 23.03.2014

Detailed evaluation

Schmitz, Heinz

Club: Alma Walking

Number: 13613

Course: 13.50 km

Gysenberg Nordic Walk

Total time: 1:57:02

Speed: 6.66 km/h

metres in height up: 180

Course score: 15.70

performance score: 112 Points