



9. Walk in Herne 2014  
Herne-Sodingen / 23.03.2014

Detailed evaluation

Wormuth, Ingrid

Club: Sendener Walkingmäuse  
Number: 13523

Course: 13.50 km

Gysenberg Nordic Walk

Total time: 1:57:24

Speed: 6.64 km/h

metres in height up: 180

Course score: 15.70

performance score: 112 Points