



9. Walk in Herne 2014  
Herne-Sodingen / 23.03.2014

Detailed evaluation

Sikorski, Heinz-Werner

Club: Post SV Buer  
Number: 13598

Course: 13.50 km  
Gysenberg Nordic Walk

Total time: 1:58:12

Speed: 6.85 km/h

metres in height up: 180  
Course score: 15.70

performance score: 111 Points