



9. Walk in Herne 2014
Herne-Sodingen / 23.03.2014

Detailed evaluation

Koslowski, Holger

Club: Walking-Treff-Möhnesee e. V.
Number: 13514

Course: 13.50 km

Gysenberg Nordic Walk

Total time: 1:59:02

Speed: 6.80 km/h

metres in height up: 180

Course score: 15.70

performance score: 110 Points