



9. Walk in Herne 2014
Herne-Sodingen / 23.03.2014

Detailed evaluation

Lander, Petra

Club: Jammern nützt nichts
Number: 13513

Course: 13.50 km

Gysenberg Nordic Walk

Total time: 1:59:10

Speed: 6.55 km/h

metres in height up: 180

Course score: 15.70

performance score: 110 Points