



9. Walk in Herne 2014
Herne-Sodingen / 23.03.2014

Detailed evaluation

Pferdekämper, Carsten

Club: PNW-Wuppertal

Number: 20532

Course: 20.00 km

Herner Nordic Walk

Total time: 2:12:03

Speed: 9.09 km/h

metres in height up: 300

Course score: 24.50

performance score: 223 Points