



9. Walk in Herne 2014  
Herne-Sodingen / 23.03.2014

Detailed evaluation

Sedlaczek, Sabine

Club: Skigemeinschaft Ennepetal  
Number: 13516

Course: 13.50 km

Gysenberg Nordic Walk

Total time: 1:59:56

Speed: 6.75 km/h

metres in height up: 180

Course score: 15.70

performance score: 109 Points