



9. Walk in Herne 2014
Herne-Sodingen / 23.03.2014

Detailed evaluation

Koch, Karin

Club: BSG Prosper-Hospital Recklinghausen
Number: 13579

Course: 13.50 km

Gysenberg Nordic Walk

Total time: 2:01:22

Speed: 6.43 km/h

metres in height up: 180

Course score: 15.70

performance score: 108 Points