



9. Walk in Herne 2014  
Herne-Sodingen / 23.03.2014

Detailed evaluation

Lamby, Peter

Club: Marl

Number: 13584

Course: 13.50 km

Gysenberg Nordic Walk

Total time: 2:09:45

Speed: 6.24 km/h

metres in height up: 180

Course score: 15.70

performance score: 101 Points