



9. Walk in Herne 2014
Herne-Sodingen / 23.03.2014

Detailed evaluation

Rendchen, Lothar

Club: AS Neukirchen-Vluyn

Number: 20544

Course: 20.00 km

Herner Nordic Walk

Total time: 2:28:44

Speed: 8.07 km/h

metres in height up: 300

Course score: 24.50

performance score: 198 Points