



9. Walk in Herne 2014
Herne-Sodingen / 23.03.2014

Detailed evaluation

Henkel, Hugo

Club: LSF-Unna-2000

Number: 20518

Course: 20.00 km

Herner Nordic Walk

Total time: 2:36:37

Speed: 7.66 km/h

metres in height up: 300

Course score: 24.50

performance score: 188 Points