



9. Walk in Herne 2014
Herne-Sodingen / 23.03.2014

Detailed evaluation

Gnaß, Brigitte

Club: Nordic Walking-Treff Haumannplatz, Essen
Number: 20520

Course: 20.00 km
Herner Nordic Walk

Total time: 2:35:39

Speed: 7.71 km/h

metres in height up: 300
Course score: 24.50

performance score: 189 Points