



9. Walk in Herne 2014
Herne-Sodingen / 23.03.2014

Detailed evaluation

Jehnke, Frank

Club: Post SV Unna
Number: 5577

Course: 5.50 km
Akademie Nordic Walk

Total time: 40:48

Speed: 7.35 km/h

metres in height up: 99
Course score: 6.49

performance score: 57 Points